

Guide DENTAL FLOSS

Join us as we look at what's available in this vital product category.

Dental hygienists love floss! What's not to love? Floss is highly effective in disrupting and removing plaque biofilm. When used correctly, it can help prevent the most frequent oral diseases that dental hygienists see in practice: dental caries and periodontal diseases. It can also ward off bad breath by removing food debris and bacteria trapped between teeth. In 1815, a New Orleans dentist suggested that his patients use silk thread to clean between their teeth and voilà! — dental floss was born. These days, floss is made of special fibers to prevent shredding and is available in thicknesses to suit patients' needs and preferences. It can be waxed or unwaxed and may be coated with flavors designed to encourage use. Floss holders and threaders are also available to help patients reach difficult areas. We hope this floss guide is useful as you determine the most appropriate products for your patients. As always, please contact the manufacturers directly for more information.

Jill Rethman, RDH, BA Editorial Director

Editor's Note: This list is inclusive of most floss sold in the United States. While every attempt has been made to be as comprehensive as possible, there may be inadvertent product omissions.

PRODUCT	MANUFACTURER	PRODUCT NAME	UNIQUE FEATURES
Dental Floss: Regular	Beyond Dental & Health	Beyond™ Xspand® Dental Floss	 Glides easily between teeth and expands to remove plaque, coated with Xylitol Interlocking network of stretchy fibers changes shape to fit teeth
	Discus Dental Inc	BreathRX™ Dental Floss	Coated with breath-freshening ZYTEX® Made of extra strength, shred-resistant nylon
	Dr. Collins Inc	Dental Work Floss™ Unwaxed	Helps remove decay-causing material from between teeth and under gums Unwaxed dental work floss; features a strong, shred-resistant nylon fiber
	Floss&Go Inc	Floss&Go	Single-use 18" strand individually sealed package Naturally waxed
	Johnson & Johnson Healthcare Products Division of McNEIL-PPC Inc	REACH* Total Care Floss	 Advanced Micro-Grooves™ technology is designed to slide easily between teeth Provides excellent plaque removal without shredding
	Plak Smacker	Personal Floss Packets	Individual floss packets ideal for home, school, travel
	POH Oral Health Products Inc	Percept [®] 420 Black Dental Floss No/Wax™or Lite/Wax™	Extremely thin multifilament floss slips between tightest contacts Thinnest floss made by POH
		Original Percept 630 Black Dental Floss No/Wax or Lite/Wax	Great visual aid for teaching flossing and identifying plaque Ideal for those who prefer a thicker multifilament floss
		Classic 490 White Dental Floss No/Wax or Lite/Wax	Zero additives on POH No/Wax floss Disrupts and disorganizes plaque
	Practicon Practicon	SmileGoods® Dental Floss	Pocket-sized dispensers hold 12 yards of nylon floss Transparent plastic dispensers are color-coded by style and flavor
	Practical innovations for Dentistry	DentaPak® Floss Packs	Ultra-thin, flexible, credit card-sized packs dispense 12 yards of waxed floss Each DentaPak can be personalized with a 5-line imprint
	Procter & Gamble/Oral-B P&G Professional Oral Health	P&G/Oral-B EssentialFloss®	Specially bonded bicomponent filament for easier insertion Shred and fray resistant
		P&G/Oral-B Indicator	Blue floss highlights the plaque so patient can see effectiveness
	Quantum Labs Inc	Patient Size Waxed Floss	Containers available in five colors: green, pink, orange, purple, and white 12 yards of shred-resistant waxed floss per container
	STAINO LLC	STAINO DENTAL FLOSS 55 yd/ 50 mm dispenser, waxed	 Micro-fine abrasive particles designed to work quickly and effectively in removing plaque and stains while whitening between surfaces
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	ButlerWeave® Expanding Floss	 Woven design and interlacing process for a strong, smooth, shred-resistant floss Expands during use to clean more tooth surface.
	Tom's of Maine	Naturally Waxed Anti-plaque Unflavored Flat and Unflavored Round	Mixture of beeswax, jojoba, carnauba with propolis and myrrh for easy glide and gentle action
	Zila Inc	ProDenRx Regular Dental Floss	Lightly waxed, unflavored, 12 yards per dispenser

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PRODUCT	MANUFACTURER	PRODUCT NAME	UNIQUE FEATURES
Dental Floss: Braided	Nimbus	Expanding Floss	Fine mesh network of fibers expands upon use for excellent plaque removal Compact packet for convenience
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	Postcare® Implant Floss Aid	 Implant flossing device to gently and effectively remove plaque from all osseointegrated attachments without scratching metal posts Reusable braided nylon filament features patented hook leader for easy insertion and retrieval between posts
	Zila	Hi-Tech™ Dental Floss	 Smooth flossing action, multi-strand nylon floss, gentle on sensitive gums, 11 yards per dispenser
Dental Floss: Flavored	Floss&Go Inc	Floss&Go	Single-use 18" strand individually sealed package Natural Mint
	Johnson & Johnson Healthcare Products Division of McNEIL-PPC Inc	REACH® Mint Waxed Floss	High quality waxed floss with a fresh mint flavor
	Plak Smacker	Plak Smacker Grape Floss	Ideal for children; great tasting grape flavor15 yards of floss in assorted colors
		Plak Smacker Mint Flavored Wax Floss	Refreshing mint flavor15 yards of floss; available in white, black, blue spools
	Practicon SmileGoods	SmileGoods Dental Floss	 Pocket-sized dispensers hold 12 yards of nylon floss Available in mint, bubble gum, and cinnamon flavors
	Procter & Gamble/Oral-B P&G Professional Oral Health	P&G/Oral-B Satinfloss®	Shred resistant due to filament designGentle on gums and fingers with satin-like finish
		Crest® Glide® Shred Guard	30% stronger than Glide Original FlossResists shredding and breakage
	Quantum QUANTUM HEALTH	Patient Size Waxed Floss	 Mint flavor; available in five colored containers: green, pink, orange, purple, white 12 yards of shred resistant waxed floss per container
	STAINO LLC	STAINO DENTAL FLOSS 55 yd/50 mm dispenser, Waxed Mint	 Micro-fine abrasives designed to work faster and more effectively in removing plaque and stains while whitening between surfaces Mint flavored
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	ButlerWeave Waxed Mint, Waxed Tutti-Frutti	Woven design and interlacing process produces a strong, smooth, shred-resistant floss
	Tess	Tess Dental Floss	Lightly waxed, mint flavored10M package, great for patient samples
Dental Floss: PTFE	Dentek Oral Care Dentek®	Dentek Comfort Clean Easy Sliding Floss	Extra cushioned for maximum comfort; shred resistant; slides between tight teethMint flavored, fluoride
		Dentek Complete Clean Textured Easy Sliding Floss	 Two strands of floss twisted together create pocket-like texture that grabs plaque PTFE designed to work well with tight teeth; shred resistant, mint flavor, fluoride
	Dr. Collins, Inc.	Dental Work Floss Waxed	 Shred resistant multifilament fans out to pick up more plaque and debris, mild mint Works with floss holders/aids; designed to hold up against rough fillings or dental work
	Floss&Go Inc	Floss&Go	Single-use 18" strand individually sealed package Shred resistant
	FlossAid	Glossaid Dental Floss	 Waxed monofilament PTFE folded ribbon designed to resist shredding Slides in very tight spaces; ideal with FlossAid dental floss holders and threaders
	Nimbus Dental	Slide-Thru Floss™	Slides through contacts without being slippery Resists shredding
	Practicon SmileGoods	SmileGoods Dental Floss	 Pocket-sized dispensers hold 12 yards of nylon floss Transparent plastic dispensers are color-coded by style and flavor
	Procter & Gamble/Oral-B P&G Professional Oral Health	Crest® Glide Mint Floss	 Made from expanded PTFE for strength Shred resistant Uniform thickness and width
		Crest® Glide Comfort Plus	Wide construction for easy grip
		Crest® Glide Deep Clean	Monofilament (single strand) fiber resists shredding
		Crest® Glide Whitening Plus Scope	Splash of freshness Helps prevent stains between teeth
	Quantum Labs Inc	EasyClean Floss	 Smooth texture designed to fit easily between tight contacts for effective cleaning Mint or plain; 4 meters per container
	STAINO LLC	STAINO Dental Floss 55 yd/ 50 mm dispenser, waxed	Mirror back dispenser
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	Eez-Thru® Shred- Resistant Floss	 Nonstick monofilament floss glides easily between tight contacts, shred-resistant Uses a special PTFE material that slides easily between teeth and below gumline
	TePe	TePe Dental Tape	Easy to use especially in tight contactsShred resistant, non-waxed, designed flat and flexible; comes in small pocket case

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Dental Floss: Tape	Floss&Go Inc	Floss&Go	Single-use 18" strand individually sealed package Shred-resistant waxed wider PTFE floss
	Johnson & Johnson Healthcare Products Division of McNEIL- PPC Inc	REACH Denotape®	Broad cleaning surface is effective for wider spaces between teeth
	Practicon SmileGoods	SmileGoods Dental Tape	Pocket-sized dispensers hold 12 yards of dental tapeMint flavored
	Procter & Gamble/Oral-B P&G Professional Oral Health	Crest® Glide Tape	 Made from expanded PTFE for strength Shred resistant 50% thicker and twice as wide as Crest Glide Original Floss
		P&G/Oral-B Satintape™	 Exceptional shred resistance/strength stems from filament design Easy to insert, comfortable to handle even when wet
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	GUM® Dental Tape	Waxed ribbon slides easily between teeth Wider floss construction allows for effective cleaning between teeth and below gumline
	TePe	TePe Dental Tape	Easy to use especially in tight contactsShred resistant, non-waxed, designed flat and flexible; comes in small pocket case
Dental Floss: Therapeutic Agent, Coated	Dr. Collins Inc	BioFloss™	 Strong multifilament fiber covers large surface area without shredding or breaking Designed to slide comfortably between teeth without wax
Dental Floss: Tufted	Procter & Gamble/Oral-B P&G Professional Oral Health	P&G/Oral-B Ultrafloss®	 Interlocking network of spongy nylon fibers changes shape to help remove plaque Easy to insert when stretched
		P&G/Oral-B Superfloss®	Effectively cleans large interproximal areas with soft filament brush
	Thornton International	3in1 Floss, Periodontal Floss, Bridge and Implant Cleaners	Floss threader and tufted interproximal brush all in one easy- to-use product
Dental Floss: Holder	3M ESPE Preventive Care 3M ESPE	Floss N Toss™	Dual purpose flosser and stimulator pick Can bend either side for easier interproximal access
	DenTek Oral Care (DenTek*)	Triple Clean Floss Picks	 Deep clean floss pick, textured pick and tongue scraper Shred-resistant floss, fluoride coated, textured and waxed floss, fresh mint flavor
	Demen	Comfort Clean Floss Picks	 Floss picks with Comfort floss designed for tight teeth and sensitive gums Shred-resistant, PTFE floss fluoride coated, cool mint flavor, textured pick and tongue scraper
		Easy Angle Floss Picks	 "Y" shaped angle easily reaches posterior teeth and trouble spots Shred-resistant, PTFE floss, fluoride coated, angled design, textured pick
		Complete Clean Floss Picks	"Y" shaped angled floss picks designed to easily reach posterior teeth Shred-resistant, PTFE floss, fluoride coated, angled design, soft comfort pick
	FlossAid	FlossAid Dental Floss Holder	 Wraps tooth surface for consistent efective flossing Made in USA of high-strength polycarbonate; available in many colors; autoclavable
	Johnson & Johnson Healthcare Products Division of McNEIL-PPC Inc	REACH ACCESS® Flosser	Designed to provide thorough access to hard-to-reach areas
	Practicon SmileGoods	SmileGoods FlosSeas™ Flossers	 Single-use disposable flossers in sea animal shapes Easy for children ages 3 and up to hold and maneuver
	Procter & Gamble/Oral-B P&G Professional Oral Health	Crest Glide Floss Picks	Tension design enables floss to surround tooth surface Shred-resistant design slides easily between teeth
		P&G/Oral-B Advantage Original Floss Picks	Slides easily, simple to use Shred resistant
		P&G/Oral-B Advantage Cool Mint Floss Picks	Slides easily, simple to use Shred resistant
		P&G/Oral-B Stages Kids Flossers	Fun characters for kids, easy to useLarge handle for easy control
	Ranir LLC	Plackers® Micro Mint™ Dental Flossers	 SUPER TUFFLOSS® engineered not to shred or break during use Freshens breath while flossing
		Plackers Gentle Fine™ Dental Flossers	 SUPER TUFFLOSS engineered not to shred or break during use Good for people with tight teeth
		Plackers Whitening Right Angle™ Dental Flossers	Whitening formula brightens enamel between teethEasy for front and back teeth
	SUNSTAR	Flossmate® Floss Handle	Long, curved fingers allow access to posterior teeth Easy to place floss between teeth without interference from the handle
	TePe	TePe Mini Flosser™	Bite plane for safe and easy use in tight contacts Small and slender with strong floss; expands during use for efficient cleaning

PRODUCT	MANUFACTURER	PRODUCT NAME	UNIQUE FEATURES
Dental Floss: Instrument	Toothguard Dental Instruments	BrytonPick Floss in Seconds	Reusable up to 30 days; cleaning edges made from stainless steel Credit card-size carry pouch; safe and discreet; ideal for use on-the-go
Dental Floss: Threader	FlossAid	BridgeAid Dental Floss Threaders	Curved, semi-rigid threader is smooth and guides floss under ridges and braces Precision molded threaders and collapsable eye are gentle to the gums; made in USA
	Plak Smacker PLAK SMACKER	UltraThin Floss Holder	Designed to improve flossing around braces and bridges Easy to thread
	Procter & Gamble/Oral-B P&G Professional Oral Health	Oral-B Superfloss	Easy insertion with stiff end threader Mint-flavor encourages patient compliance
		Crest® Glide Threader Floss	One piece of Glide floss with built-in threader tip in single-use patient samples Slides easily between teeth and resists shredding
	Sunstar (GUM®, Butler®, Guidor®) SUNSTAR	Eez-Thru Floss Threaders	Versatile nylon loop helps patients thread floss through tight spaces Works with bridges, between connected crowns, and around ortho or implant appliances
	Tess	Proxi-Floss	Reusable elastomeric floss for patients with implants, bridges or orthodontics. Resists shredding
Power Dental Flosser	Procter & Gamble/Oral-B P&G Professional Oral Health	Oral-B Hummingbird™ Power Flosser	As effective as regular floss at reducing gingivitis Small and portable with gentle vibrations to make flossing more comfortable
	Water Pik Inc	Waterpik® Power Flosser (FLA-220)	10,000 linear strokes per minute remove plaque and reduce bleeding and gingivitis
		Waterpik Power Whitening (FLW-110)	Unique tip shape and length provide for maximum interproximal access
		Waterpik Ultra Water Flosser (WP-100)	 Effective at reducing gingival bleeding and gingival inflammation Six tips including the Plaque Seeker™ and the Orthodontic Tip Pressure control system has 10 settings; 650mL reservoir; water capacity 90 seconds



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